


SPA



SOTHYS
PARIS

—
Spa Menu
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ClubMed Ψ

A photograph of a modern spa courtyard. In the foreground, there is a large, solid brown circle. Inside this circle, the text reads: "Club Med's prestigious partnerships with leading spa brands put sensory experiences at the heart of your getaway." The background shows a courtyard with a waterfall cascading into a dark wooden bowl. The wall is a warm, textured orange-brown color. There are stone walls on the left and right, and some plants in the foreground. The lighting is warm and natural.

*Club Med's prestigious partnerships
with leading spa brands put sensory
experiences at the heart of your getaway.*

*May this moment be yours,
in a world of luxury and refined elegance...*



SOTHYS
PARIS

Spa packages



FROM 2 TO 3 DAYS

Relaxation package 508\$ CAD

3 or 4 days, 4 treatments

- Custom-Made Scrub (30')
- Custom-Made Massage* (30')
- Indonésie Ancestrale™ Treatment (60')
- Custom-Made Massage* (60')

OUR FAVORITE ♥

After Ski package 512\$ CAD

2 to 3 days, 3 treatments

- Hanakasumi Treatment (60')
- Custom-Made Massage* (60')
- Soothing Nordic Repair Facial (60')

Package for two 625\$ CAD

2 or 3 days, 3 treatments per person

A dedicated moment, a unique journey for the senses, for two to share.

For each person:

- Custom-Made Scrub (30')
 - Custom-Made Massage* (30')
 - Indonesian Ancestral (60')
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**The description of the treatments concerned can be found in the "SPA TREATMENT MENU" sections.

Spa Rituals



A MOMENT SUSPENDED IN TIME...

Escape moment 267\$CAD

1h30

- Body Exfoliation (30')
- Indonésie Ancestrale™ Treatment (60')

OUR FAVORITE ♥

Moment for two 534\$CAD

1h30

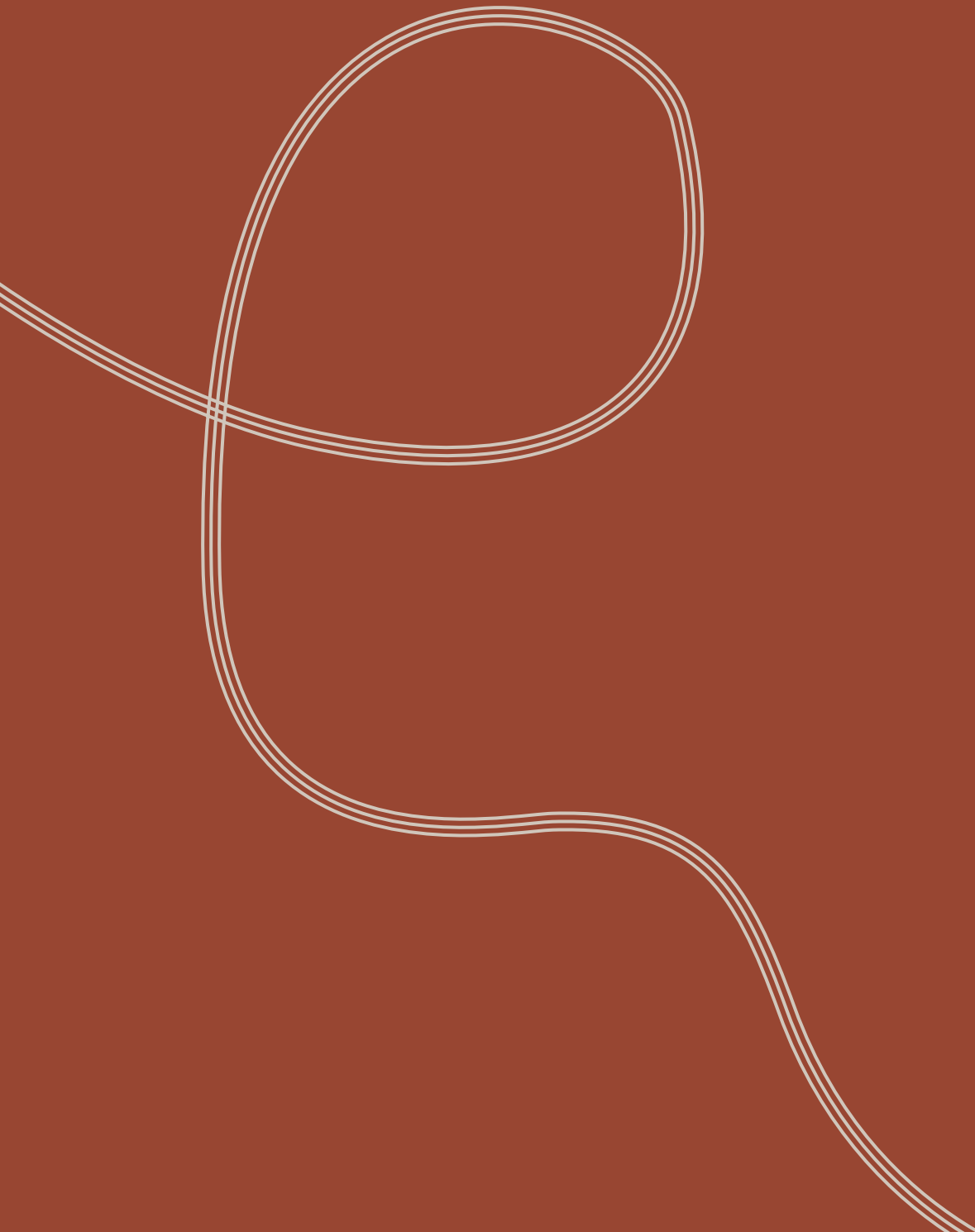
- Custom-Made Scrub (30')
- Custom-Made Massage* (60')

Face and body 401\$CAD

- Moisturizing Facial Treatment (80')
 - Custom-Made Massage of Your Choice (60')
-

All prices are without taxes







Spa treatment menu

INDULGE IN THE LUXURY OF "ME-TIME"

Hydrating (80')259\$CAD

In a perfect alliance of technical advancement and sensory pleasure, this treatment combines ultra-comfortable textures with high performance active ingredients to provide you with a sensation of absolute hydration.

Youth (80')259\$CAD

Through five key steps and no fewer than eight specific formulas, live the Sothys youthful efficiency combining relaxation with expert care for a visibly younger skin.

OUR FAVORITE ♥

Beauty refresh facial (60')197\$CAD

A beauty reset and anti-fatigue treatment by excellence. An exfoliation for a soft and supple skin, a deep cleansing of the skin followed by a high hydration mask and end-of-treatment moisturizer. The facial features are plumped, rested and smoothed.

Soothing nordic repair facial (60')197\$CAD

Ultra-calming, desensitizing and soothing treatment for sensitive and reactive skins. Incorporating healing Spa Thermal Water and selected botanicals to provide immediate and lasting relief. A cocooning mask in combination with our unique massage with chilled porcelain spoons immediately calms and soothes your skin.

Cryo prof. eye contour care (45')128\$CAD

This specific "Cryo" treatment for the eye area enhanced by the efficiency and softness of Sothys exclusive cold modeling porcelains to help fade signs of fatigue and aging and provide an immediate freshness effect. The eye contour area is refreshed and luminous like never before... also ideal for regaining a glowing complexion after jetlag!

Organic certified radiance treatment (30').....109\$CAD

Dive into the heart of nature with this fresh-scented treatment that will awaken your skin and give it an instant boost of radiance. A pure moment of deep relaxation thanks to the relaxing face and scalp cocooning massage enhanced by original music specific to this treatment. A very beneficial and well-being experience!

DX Glow treatment (75')259\$CAD

Your skin is exhausted? Sothys Advanced Research Innovation propose this dual-impact relaxing treatment to undo damage caused by daily aggressions for a lastingly more radiantly beautiful skin. Wow! Bye bye skin burn out & dull complexion, and welcome radiant skin!

Hanakasumi™ (60')189\$CAD

Cherry blossom & lotus

A unique protocol of Japanese inspiration: peeling with exfoliating gloves, relaxing massaging of the entire body and specific modeling of the feet in this nourishing, delicately perfumed ritual.

Indonésie ancestrale™ (60')189\$CAD

Sandalwood & jasmine

An original treatment protocol inspired by ancestral Indonesian beauty rituals to bring about wellbeing for the body and mind by rebalancing their energies. An exotic treatment combining global body massage and breathing ritual.

OUR FAVORITE ♥

Custom-made massage*:

Back or Legs (30')101\$CAD

Deep Tissue (60')182\$CAD

Relaxing (60')182\$CAD

Swedish (60')182\$CAD

Prenatal (60')182\$CAD

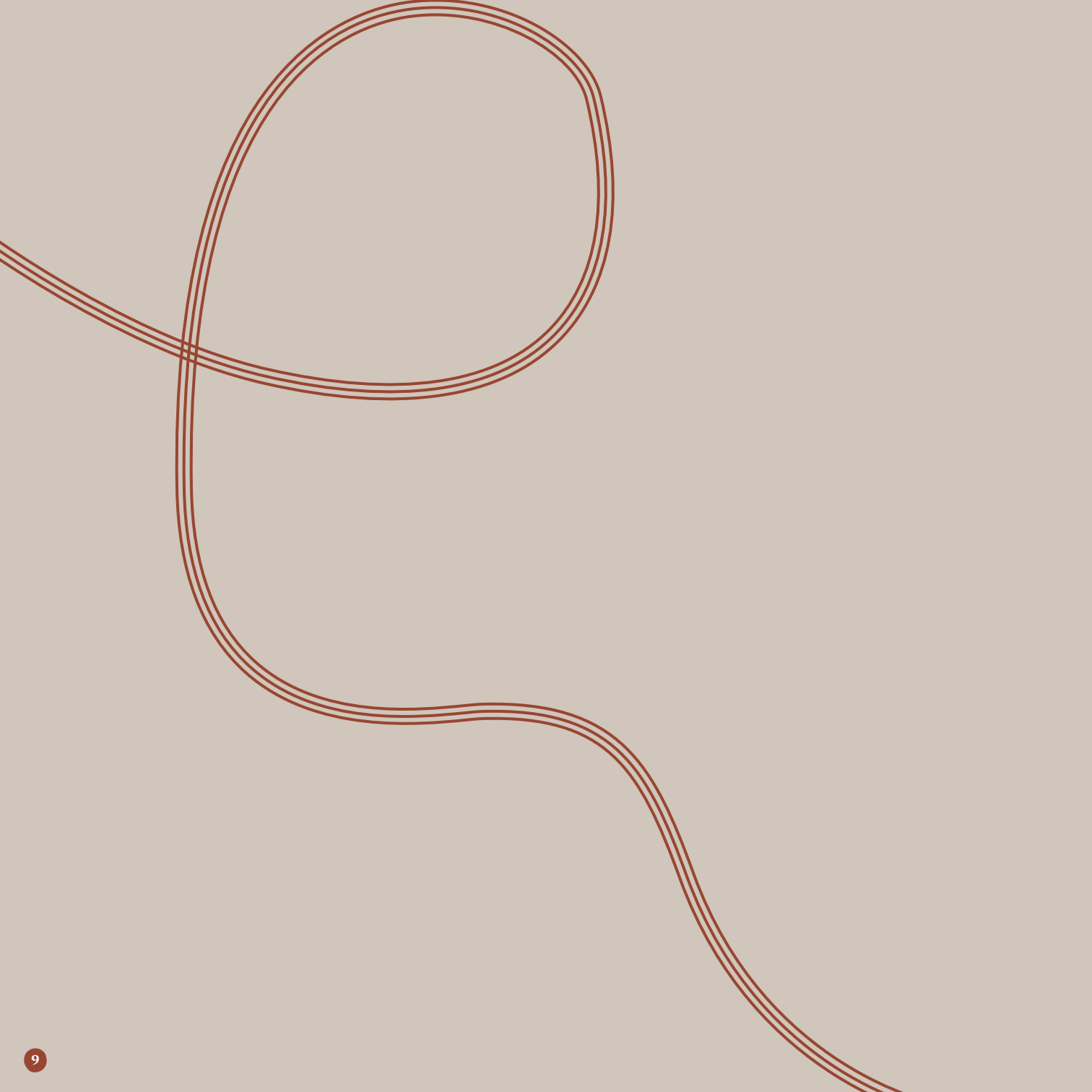
Please indicate how many weeks pregnant you are at the time of booking

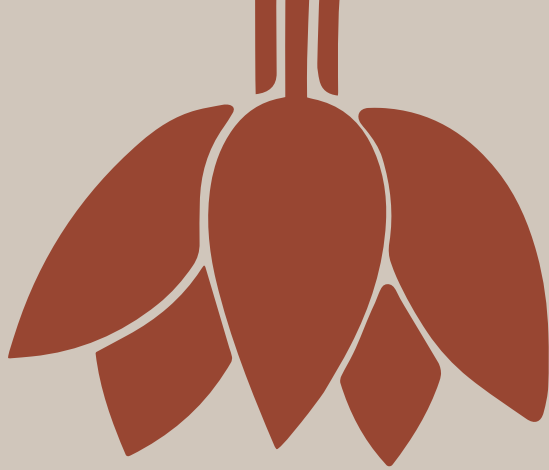
Custom-made scrub:

Tonic scrub (30')104\$CAD

Soft scrub (30')104\$CAD







Organize *your Spa stay*

- When you get to the resort, we invite you to go to the Spa Reception with your Club Med Pass to draw up your personal programme.
- You must be 18 and over to take advantage of packages, treatments and hammam. However, a selection of treatments are available for children from 13 to 17 years old; subject to certain conditions. Contact us at the Spa Reception.
- Clients may not change the treatments included in the packages.
- Packages purchased are for personal use only and are non-transferable.
- Prices effective as of 12/2025.
- Prices of the treatments are available at the Spa Reception.
- Payment by Club Med Pass. Treatments must be paid for at the time of booking. No replacement treatments or refunds for treatments booked is given for cancellation (of à la carte treatments or package treatments) during your stay without medical justification. The same applies to treatments modified less than 24h in advance.
- For the purchase of five identical personalized treatments, the sixth is free.
- Due to circumstances, programs may need to be modified or postponed. In this case, the client will be informed and can request the cancellation and the reimbursement of the treatment booked. Any cancellation of a treatment by Club Med will result in reimbursement without further compensation.

* The term «massage» implies a superficial manipulation of the face or body, solely for aesthetic purposes, sometimes to ensure good penetration of a cosmetic product, or for comfort. The massage referred to is an external massage of the skin, with no medical or therapeutic aim. It may be done manually or with mechanical aids, exclusively by qualified, trained professionals.



Enjoy *your Spa Stay*

- Please arrive for your treatment 15 minutes before the appointment time.
- Before each treatment, you will be asked to fill in a confidential questionnaire to assess your suitability for any treatment containing contraindications.
- For your safety, non-slip sandals must be worn at all times in the Club Med Spa.
- Packages, rituals and treatments include free entry to sauna and tea room during your half-day slot.
- Bathrobes and towels may only be used within the Club Med Spa.
- We recommend that you leave jewellery in the safe provided in your room and that you leave your mobile phone behind.
- For facial treatments for men, please shave one hour before the treatment.
- Sothys skin care products are on sale at the Spa. Ask at Reception.

Club Med Ψ .



*To book your spa whenever and wherever
you want, there is My Club Med App.*

