



# Club Med Southern Africa Ultimate Ski Guide

Club Med 

#ThePlaceToSki



## YOUR SNOW VACATION STARTS NOW!

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**S**outh Africa has always been a market where skiing and snow activities are not top of mind when it comes to booking a holiday.

However, in the past couple of years we have seen a noticeable shift and increase in the number of first time and repeat holidaymakers heading off to our resorts in the French, Italian and Swiss Alps to engage in snow activities.

It was with this in mind that we launched the Club Med Ski Bible. This handy travel companion is your guide to all things ski and snow. Whether you are a novice who has never skied before or an expert comfortable on the black slopes – we have you covered!

From handy hints from experts to must know information, you will find it all in here. Happy reading and happy skiing!

#### **Oliver Hannaert**

*Vice President Club Med Southern Africa*

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## **GLOSSARY**

### **Ski-in-ski-out Resort**

- Grab your equipment in the resort's ski room and ski right out the door. There is no need to wait for a bus or walk with your equipment to the slopes.

### **Easy Arrival**

- Our complimentary pre-arrival service for guests to key in their details to reduce waiting time at the ski room, ski school and childcare counters.

### **G.O Gentil Organiser**

- Our professionally certified sports instructors and resort staff.

### **G.M Great Member**

- You, our valued Club Med guest.

### **Aprés ski**

- Post-skiing.

### **Signatures**

- Our unique statements that make our offer special everywhere in the world.

# THE #1 SKI RESORT OPERATOR IN THE WORLD

## OUR JOURNEY

**1950**

Club Med is founded by Gérard Blitz, pioneering the All-Inclusive holiday concept

**1956**

The first snow resort, Club Med Leysin in Switzerland welcomes its first ski guest

**1967**

The Mini Club is created for families with kids

**1987**

Club Med opens the international branded ski resort in Japan, Club Med Sahoro, Hokkaido

**2000**

Club Med celebrates its 50th anniversary

**2017**

Opening of Club Med Grand Massif, one of the brand flagships in the French Alps

**2019**

Relaunch of the upscale Club Med Alpe d'Huez, France with full family offerings and facilities

**2018**

Your choice of 20 resorts worldwide, including the new Club Med Les Arcs Panorama

**2020**

Opening of La Rosiere, our new flagship in the French Alps

**FUTURE**

Aim to open a ski resort every year

# MORE THAN 20 CLUB MED RESORTS IN THE MOUNTAINS

WITH NEW RESORTS OPENING EVERY YEAR



## France

### 14 Mountain resorts

- 3🏆 Aime la Plagne
- 3🏆 Arcs Extrême
- 4🏆 Alpe d'Huez
- (Exclusive Collection) Grand Massif Samoëns Morillon Chalet - Apartments
- 4🏆 Grand Massif Samoëns Morillon
- 4🏆 La Plagne 2100
- 4🏆 La Rosiere
- 4🏆 5🏆 Les Arcs Panorama
- 4🏆 Peisey-Vallandry
- 3🏆 Serre-Chevalier
- 4🏆 Tignes Val Claret
- (Exclusive Collection) The Valmorel Chalet-Apartments
- 4🏆 5🏆 Valmorel
- 4🏆 5🏆 Val d'Isère
- 4🏆 Val Thorens Sensations

## Switzerland

### 1 Mountain Resort

- 4🏆 Saint-Moritz Roi Soleil

## Italy

### 2 Mountain Resorts

- 4🏆 Cervinia
- 4🏆 Pragelato Vialattea

## China

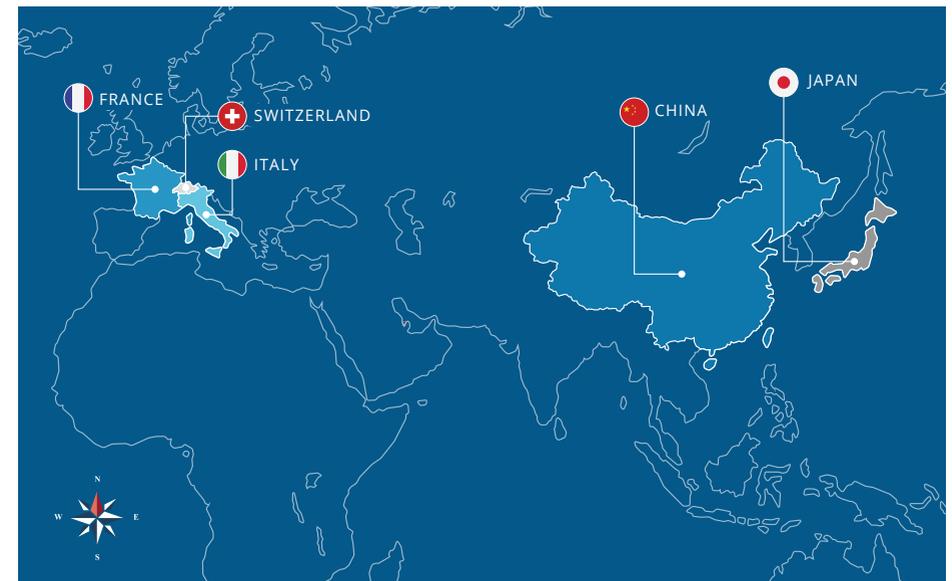
### 2 Mountain Resorts

- 4🏆 Beidahu
- 4🏆 Yabuli

## Japan

### 2 Mountain Resorts

- 4🏆 Sahoro Hokkaido
- 4🏆 Tomamu Hokkaido



## PREMIUM ALL-INCLUSIVE: ALL YOU HAVE TO DO IS TURN UP FOR AN AMAZING SNOW HOLIDAY

As a pioneer of the All-Inclusive concept since 1950, Club Med understands that a truly amazing holiday comes hassle-free. From comfortable accommodation to ski lift passes, ski and snowboard lessons tailored to all levels, gourmet meals in-resort and in selected altitude restaurant to Kids Clubs, post-ski activities – you name it, it's all included. You'll enjoy total peace of mind, unparalleled freedom, and endless adventure in our ski resorts worldwide.

### SKI LESSONS INCLUDED

for anyone from the age of 4 whether they are beginners\*, leisure or advanced skiers.

### SKI PASSES INCLUDED

with access to all ski lifts at the ski domain with no worries.

### GOURMET MEALS & ALL-DAY BAR INCLUDED

featuring international & local gourmet winter food & drinks.

### MINI CLUB INCLUDED

supervised childcare for ages 4 to 17 so the whole family enjoys an adventure.

### COMFORTABLE ACCOMMODATION

from spacious superior rooms, connecting family rooms to suites for every guest.

### AFTER-SKI ACTIVITIES INCLUDED

swimming pool, gyms, outdoor jacuzzi, hot Turkish baths and sauna facilities, your after-ski relaxation is assured.

### FESTIVE EVENINGS INCLUDED

with dance parties and nightly entertainment.

*\* Most European ski resorts offer 7-day stay packages with progressive group classes, arrival on Sundays. Beginners can only join from the first class on Mondays.*



# THE ULTIMATE SKI HOLIDAY CHECKLIST

Here's everything you'll need for a safe, comfortable and fun trip

## Ski Goggles & Sunglasses

A pair of goggles or sunglasses with a tinted, polarised lens will help to protect your eyes.

## Gloves

Waterproof gloves or mittens are a necessity when it comes to keeping warm on the slopes.

## Helmet

Good helmets are easy to find online or in sports shops. If you don't fancy buying one, rent a good helmet at any Club Med resort.

## Puffer Jacket

A lightweight, down feather Puffer jacket can be folded into a palm-sized bundle and is the perfect thing to pull out if the weather takes a turn.

## GoPro

With many different mounts available, you'll be able to get your ski footage and photos from multiple angles.

## Protective Gear

Back protectors are recommended, especially when moving at higher speeds.

## Sunscreen

The sun is more powerful when you're up high. Factor 50 and above sunscreens are recommended on particularly sunny days.

## Backpack

Great for carrying your sunscreen, warm layers and other extra equipment. Just be careful with any loose straps when using a chairlift.



## Thermal Layers

These thin tight-fitting shirts and leggings will hug your body and heat up a thin layer of air between your skin and the fabric.

## Weatherproof Outerwear

Ski-specific waterproof and breathable outfits usually come equipped with other useful features for tackling the mountain. You can also rent one your size at any of our Asian mountains\*.

## Lip Balm

Your lips need sun protection too. A layer of lip balm with SPF will help keep your lips safe from the sun and the dryness and cracking that comes with cold winds.

## Ski Socks

Your socks should be long so that they don't finish inside the boot, and make sure they fit well so that they don't bunch up inside the boot.

## Water Bottle

It's too easy to forget that your body is actually doing some hard work amidst all that fun, so remember to keep hydrated.

## Face Mask

Very useful for protecting your face from the elements. Keeps you nice and toasty in extreme cold and protects your face from the sun's rays.

## Neck Warmer

A good neck warmer is important to provide extra protection against the cold.

## Hand Warmer

These warming pads are great on cold days. Placing them nearer to your heart or core can be even more effective than having one in your gloves.

\* Rental only available in Club Med ski resorts in Japan and China.

# A GUIDE TO SKI AND SNOWBOARD SIZING

Choose the right equipment & maximise your fun on the slopes.



## SKI SIZES

Your ski size depends on your height, weight and ability, or even your general preference. In general, when you stand your skis upright, the tip should be somewhere between your chin and the top of your head. As a guide, beginners generally need shorter skis than advanced skiers for greater control at lower speeds and better sharp turns.

SKIER HEIGHTS (CM)	SKI LENGTHS (CM)
132	115 – 130
137	125 – 140
142	130 – 145
147	135 – 150
152	135 – 155
157	145 – 165
163	150 – 170
168	155 – 175
173	160 – 180
178	165 – 185
183	170 – 190
188	175 – 195
193	180 – 200

## SKI BOOTS

Don't be surprised if your ski boot size and shoe size are completely different! The ski boot sizing method is called Mondopoint, measuring the length of your foot in centimetres. Our rental technicians will ensure you have correctly sized boots, so you can enjoy your skiing comfortably and safely.

## SKI BINDINGS

Ski bindings are safety features designed to release your foot if enough force is applied. Don't worry if you're unsure which binding setting is right for you; every Club Med ski resort has rental technicians to ensure they're applied correctly to both skis.



## SNOWBOARD SIZE

Your body weight and the type of riding you're planning on doing will determine your snowboard size. A good starting point is to get a board that comes up to your chin and then size up or down depending on weight. The width of the board you choose is measured at the narrowest point of the board and will correspond directly to your boot size. Your toes should hang slightly over the edge of the board.

RIDER HEIGHT (CM)	RIDER WEIGHT (KG)	SNOWBOARD SIZE (CM)
147	50 – 54	128 – 136
152	52 – 59	133 – 141
157	56 – 61	139 – 147
163	61 – 66	144 – 152
168	64 – 70	149 – 157
173	68 – 75	154 – 162
178	73 – 79	159 – 167
183	77 – 84	160+
188	82 – 88	160+
193	86 – 93	160+

## BEGINNER SKIING: YOUR VERY FIRST SKI RUN



It's alright, we'll go easy on you. The priority is to have fun. Use these tips to prep yourself for your first ski experience and by the end of your ski-cation, you'll have mastered techniques like controlled stops and parallel skiing.



### SIGNATURE Nº 19

Student today,  
champions tomorrow

With multiple levels of kids ski and snowboarding lessons, tomorrow's champions are born today. Let them reach for the stars.

#MiniChampions

### GOAL

By the end of your ski-cation, beginners will have mastered techniques like downhill and parallel skiing.

### THE BASICS

#### Find that sweet spot

Get your first taste of skiing at resorts like Club Med Alpe d'Huez, which is renowned for having excellent facilities for beginners.

#### Baby, it's cold outside

Stock up on clothing that's not just warm, but waterproof.

If possible, acclimatise yourself beforehand by visiting local ski resorts like Afriski.

#### Leave it to the pros

Get equipment that best suits your build. If you're hiring equipment\* from us, our staff will ensure that you're fitted with the right gear.

Your Club Med package includes lessons on the slope. Master basic skiing and boarding techniques from internationally qualified ski and snowboard instructors.

#### Sunny skies ahead

You might only see snow for miles but being on mountaintops means you can get sunburned easily. Remember to apply sunscreen before hitting the slopes.

#### Tone up

Being in shape means surviving those slopes longer. Here are a few warm ups you can do before strapping on your skis:

- Leg lifts
- Squats
- Spine twist

\* Equipment hire at extra costs.

## INTERMEDIATE SKIING: TAKING IT TO THE NEXT LEVEL



Now you've started to get the hang of the slopes, it's time to put your new skills to the test. Here's what to keep in mind when you're fine-tuning your technique and tackling trickier grounds.

### WHAT'S NEXT?

#### Back to Basics

As confident as you might be about having conquered your basic techniques, a little refresher wouldn't hurt. As BASI ski instructor Steve Marsh says, "If you can nail all the basics really well, it will help you master the mountain better as you progress to intermediate skiing. A lot of people skip through things – for example, they might be a little lazy about standing on the outside ski – which will make steeper slopes hard."

#### Flex Zone

It's all about flexion techniques. Turn your skis using your feet and roll your ankles

towards the upper slope. Always sustain a good bend (flex) in both ankles and knees.

#### Slip and Slide

Take on slippery ice patches with the right posture by dragging the poles in the snow on either side of you. If you encounter tricky sections, learn to side-slip (inch your way slowly down, without sliding forwards or backwards).

#### Find Your Balance

Now you're on steeper terrain, it's all the more important to up your balance and coordination. Try cycling or hiking with a backpack before your ski holiday.

#### The Middle Ground

Keep an eye out for skiing spots that test your newfound skills, but don't push beyond your limits. Head to Paradiski, the largest combined ski area in Europe, which is home to four Club Med resorts and an intermediate skier's paradise.

#### Don't Be A Backseat Driver

It's a common error that every intermediate skier does at least once. Skiing in the backseat means leaning too far back as you go down the hill. Learn to put pressure on the front of your skis so you're better at speed on steep, maintaining control through jumps and drops.



### INSIDER TIP

Moderate downhill skiing burns an average of 400 calories an hour, while uphill cross-country skiing can burn up to 1,000 calories an hour. So don't feel bad about loading up at our buffets, dig in!

## ADVANCED SKIING: FEEL THE ADRENALINE



You're now a master of the sport, gliding effortlessly both on and off piste. Arm yourself with these handy tips and you're ready to take on the ultimate challenge: the world-renowned black slopes.



### FUN FACT

The world record for longest ski jump is held by Stefan Kraft, for a jump of 253.5 metres.

## PERFORMING YOUR BEST

### Get Refreshed

Before you hit those black slopes, consider a quick refresher course to help brush up on technique.

### Take It Slow

Now you're in pro territory, you might be tempted to conquer as much ground as quickly possible, but always remember to listen to your body. "When you are on the slopes, don't overdo it: if you feel yourself flagging, just stop," says BASI instructor, Annabel Seele. "The minute you build up too much lactic acid and start to fade, your technique goes to pot; you fall into old bad habits and it only inhibits your progress."

### The Right Fit

Opt for stiffer, stronger skis. Tougher terrain means you'll be putting more pressure on your equipment.

Ensure your DIN setting is not too high or low.

### Plan Ahead

Plan your first three turns before starting, then look ahead as you go. As instructor Annabel Seele says, "The first turn and a correct pole plant is key – it makes you start the process and get into a rhythm."

Adjust your stance to fit snow conditions, especially when it's heavy or crusty on top.

### The Blacklist

If you're looking for great off-piste slopes, try the Le Fornet Trees in Val d'Isere or La Plagne.

## SKIING WITH KIDS: WINTER FAMILY FUN



Whether you've got a young one who's never seen snow or a champion skier in your family, our runs have something for the whole family. By the end of your ski vacation, kids 4 years and above can glide home with different medals based on their ski levels – Class 1, 2, 3 and more.

### TIPS

#### Garden Variety

Look out for resorts with nursery slopes and snow gardens. Snow gardens are areas designed to help little ones learn the basics in a safe environment. They're equipped with ski tows and magic carpets to make learning to ski even more fun.

Every Club Med ski resort has snow garden facilities for first timers from ages 4 to 10. Included ski and snowboard classes begin at 4 and 8 years old respectively.

#### Go for Rental

As your kids grow, rental equipment\* gives you the flexibility to find what's right for them at every stage. Our resorts offer equipment\* for rental by the day for all kinds of skiers.

#### The Early Bird

Most ski lifts open at 9am, so be sure to get there early to beat the crowd and maximise your family ski day.

#### Layer Up

To help your child acclimatise to the cold, it's best to dress them in three separate layers. The first layer should be breathable and sweat-absorbent. The second layer should be

something that insulates, like a sweater. The outer layer is the most important, so make sure it's something water and windproof, like a ski jacket. It's also a good idea to give them cosy headwear as 80% of the body's heat loss is through the head.

If you are not looking to invest in a good ski jacket for your first ski vacation, fret not as our ski resorts offer ski jackets and pants for rent too.

*\* Equipment hire at extra costs.*



### FUN FACT

Astronaut Harrison Schmitt said that astronauts travelling to the moon should learn the art of cross-country skiing, as he believed that its techniques would make walking on the moon easier. He even envisioned 'lunar skiing holidays' in the future.

## BEYOND SKIING: THERE'S SOMETHING FOR EVERYONE



Looking for some fun other than skiing? Club Med's snow mountain resorts offer a myriad of leisure and non-ski activities, perfect for bonding with family and friends. From a relaxing outdoor bath, snow sledding to nightly entertainment, we've got something for everyone.

### Pools and relaxation

From a pampering spa treatment\* by our premium spa partners, to a fun time with your family in our pools, your snow mountain vacation is complete with many different facilities that Club Med offers.



### Snowboarding

Looking for some family fun? Snowboarding is perfect for all ages. If you're new to the sport, partake in our group lessons to avoid injuries and get confident on the board. Club Med offers progressive lessons, so you can eventually tackle steeper runs, try a few off-piste routes and even learn how to make small jumps if you are a fast learner.

**Difficulty:** 2 out of 5  
**Equipment:** Boards are available for rent\* in our resorts  
**When to try:** The whole winter season

### Sledding

Surrounded by the beautiful landscapes of mountain ranges and snow-covered forests, feel the icy cold wind blowing on your face as you slide down the snow hill on a sledge. Perfect for families and children, this activity is available in most of our snow mountain resorts as a bonding activity.

**Difficulty:** 1 out of 5  
**Equipment:** Sleds are provided  
**When to try:** January-March where snowfall is thicker



### Snowshoeing

Who knew walking on snow can be a form of exercise? If you are not a ski explorer, opt for an easier sport such as trekking on snow with our G.Os. Quite an art on its own, snowshoeing requires the right footwear so that you can better distribute your body weight on the powder snow as you trek and enjoy the charming mountain surroundings. This activity is great for guests of every fitness level and ages.

**Difficulty:** 1 out of 5  
**Equipment:** Snowshoes are available for rental in our resorts  
**When to try:** The whole winter season

If you're after something even more exciting, there are some **specialist sports\*** that will give you a few tales to tell at the bar.

**Skijoring**, which means 'ski driving', involves a skier being pulled along at great speed by a team of dogs or horses over a course that often includes jumps.

If you really don't like skis, you could try **snow kayaking**, in which you negotiate a fast slope sitting in a kayak, or snow tubing in an inflatable ring.

For the truly adventurous, **night sledding** offers thrills and, quite likely, spills as you speed down a mountain in complete darkness, with only a headlamp and blind panic to get you to the bottom.

Some of these thrilling activities are available in our selected European ski resorts. Good luck!



\* Extra cost

# CAPTURING THE BEST OF YOUR SKI TRIP

Whether you have a smartphone, a simple point-and-shoot camera or a professional DSLR, there are a few golden rules to shooting on the slopes. So, grab your camera or smartphone, set up your subject and get ready to shoot some serious ski action!



## Cold climate protection

If it's snowing make sure your camera and lenses are covered up or in a waterproof bag. Try not to keep your camera too warm as whipping it out for that once-in-a-lifetime shot will cause condensation on the lens, giving you a foggy image. Camera batteries also lose their charge in cold conditions, so keep spare batteries handy.



## Beware of exposure

The brightness of the snow presents a number of challenges for auto modes, under-exposing the image and giving your landscapes a grey tint. If your camera has scene modes, choose the 'snow' or 'snow/beach' setting to bring the snow back to a dazzling white.



## Change the angle

Try going low when capturing the action on the slopes, or even tilting the camera to give you another angle. By adding an element of intrigue to your pictures, you'll keep the attention of your viewers for longer.



## Action mode

If your camera has a sport mode, use it. It will give you a faster shutter speed to help you capture the action on the slopes and prevent blur. If you have a DSLR, set it to 1/1000 seconds shutter speed.



## Using a GoPro on the slopes

You can secure a GoPro on the helmet, the chest or the skis. Also, make sure it's in a waterproof case – even on the back of a ski it will get covered in snow – and pack a spare battery or two.



## Declutter your background

Nothing ruins a fantastic shot like a boundary tape and crowds of people. So pay attention to what's in the background and change your angle. Also, check your horizon is level - if all you can see is a slope, tilt the camera slightly to make it look steeper.



## Social media

Last but not least, post your conquests onto your favourite social media platform and tag us at #clubmed

## YOUR SKI JOURNEY: AS EASY AS 1, 2, SKI!



We've put in every effort to make your ski holiday as effortless as possible. With our Easy Arrival service<sup>1</sup>, all the nitty gritty details of your ski experience are handled even before you step foot in our resort. Skip the queues and get right to the slopes!

### HOW EASY ARRIVAL WORKS

- We'll send an "Easy Arrival" form to your email address 30 days before your scheduled check-in.
- Fill in the form up to 3 days before your arrival with your details (height, weight, skiing level, etc.)
- Based on your information, our G.Os will prepare the most suitable skiing equipment\* and classes for you before you arrive.

#### Once You Arrive

- You'll receive your all-access ski pass upon check-in.
- Grab your equipment from your pre-assigned locker in the Ski Room with your digital Club Med bracelet.
- Strap in! At our ski-in-ski-out resorts, you're good to go once you step outside.
- Use your ski pass for VIP priority access to all ski lifts.
- Join your classes and learn to ski under the guidance of our certified ski school instructors.

### WIND DOWN

Enjoy a wide variety of après-ski options like heated swimming pools and saunas to relax after a hard day's ski.

<sup>1</sup> Currently available only in ski resorts in Europe

\* Extra costs for equipment rental



SIGNATURE  
N<sup>55</sup>

Step out of bed, step  
onto the slopes

With our Club Med resorts located steps from the slopes – we have brought the mountains literally to your doorstep.

#WakeUpAndSki

# CLUB MED VS DIY

Using our Ski Holiday Comparison Tool on the [www.clubmed.co.za](http://www.clubmed.co.za) website.

## An example of the search results...

The table below shows the cost per category difference between a ski holiday with Club Med (at Club Med Cervinia) versus a Do-It-Yourself (DIY) approach:

	Club Med Cervinia All-Inclusive package excluding flights (in the Italian Alps domain)	Prices of the Cervinia resort in the Italian Alps domain
Accommodation	Included	R22 000 average
Grocery shopping and meals	Included	R21 071 average
Ski lift pass	Included	R7 724 average
Adult ski and snowboard classes	Included	R7 153 average
Non-ski activities	Included	R3 929 average
Entertainment	Included	R917 average
<b>Total</b>	<b>R48 178</b>	<b>R62 994</b>

**R14 816**

**TOTAL SAVINGS WITH CLUB MED ALL-INCLUSIVE**

*\*This comparison was based on the prices at the time of publishing. These prices are subject to change.*

# THE ALPS

A dream come true for every skier!

Known for its spellbinding scenery, The Alps is arguably the most famous mountain range in the world. From Austria to France, Italy to Switzerland, each region of The Alps offers mesmerising landscapes, glorious food and warm culture. Soak in the beauty of the snow-capped mountains of the 3 Valleys or make the world's largest ski domain your playground. It's your choice!



## FUN FACT



Spanning eight countries, The Alps is home to 13,000 species of plants and 30,000 species of wildlife.



# LA ROSIERE

4 ⌘



	Rooms	440		
	Gourmet Restaurant	1		Main Bar 1
	Ski-in-ski-out			Easy Arrival

OPENING DECEMBER 2020

The design of our latest mountain resort is to co-exist and blend in with surrounding nature and traditional mountain architecture. It's located in the San Bernado area in the heart of the Haute Tarentaise Valley which is one of the top ski resorts in the northern Alps for snowfall. It's also blessed with favourable weather patterns with excellent snow conditions from mid-December to end of April.



232

Ski Slopes

- Beginners 14
- Intermediate 78
- Advanced 108
- Expert 32

### Ski Domain: Espace San Bernardo (newly expanded in December 2018)

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 8 years old and above
- Snow Garden facility for both children and adults, 5 magic carpets perfect for first time skiers.
- Access to the other ski domain, La Thuile - Italie
- Rental of ski and snowboarding equipment\* for all levels is available by day

 Resort Altitude  
1,850m

 Elevation  
2,800m - 1,200m

 Ski runs  
152km

 Ski lift  
33

## RESORT HIGHLIGHTS

### Classic Chalet Architecture

Our latest resort features preserved architecture typical of a secluded mountain village with cozy chalet spirit, undiscovered and far from big ski megapolis.

### Espace San Bernardo

A vast ski area between France and Italy that links the 2 resorts of La Rosière in Savoie and La Thuile in the Aosta Valley. On the French side, La Rosière is one of the only resorts facing due south, which enjoys record sunshine every year.

### Double the fun

A cross-border ski experience at either the expanded ski area in La Rosiere (France) or ski down the other side of the mountains on the La Thuile's slopes (Italy).

### Best of France and Italy

Sitting on the borders of France and Italy, we invite you to experience the double cultures - French Savoie and Italian Val d'Aoste - in our resort offerings.

### Excellent Snow Conditions

Great snow quality guaranteed from December to April with its high-ski altitude between 1,850m to 2,800m.

**GREAT FOR FAMILIES & GROUP OF FRIENDS**

## SPORTS & AFTER-SKI ACTIVITIES

- Indoor & Outdoor Pool
- Snowboarding
- Training & Cardio Room
- Hel-ski\* in Italian Alps
- Fitness classes
- Snow kite\*
- Snowshoeing
- Club Med spa\*
- Alpine skiing
- Nightly shows & parties

## TAILORED FOR CHILDREN

- Baby Club\* (4 to 23 months)
- Baby Welcome kit
- Petit Club\* (2-3)
- Mini Club (4-10)

- Game Parks and snow parks in ski domain
- Slalom skiing\*
- Junior Club (11-17)
- Snowboarding (from 8yrs old)
- Snow Garden for first-time skiers

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The Petit Saint Bernard, on the border between France and Italy.
- The Aosta Valley, located only 8 km away
- La Thuile: The Town of Chocolate and an authentic Italian village.

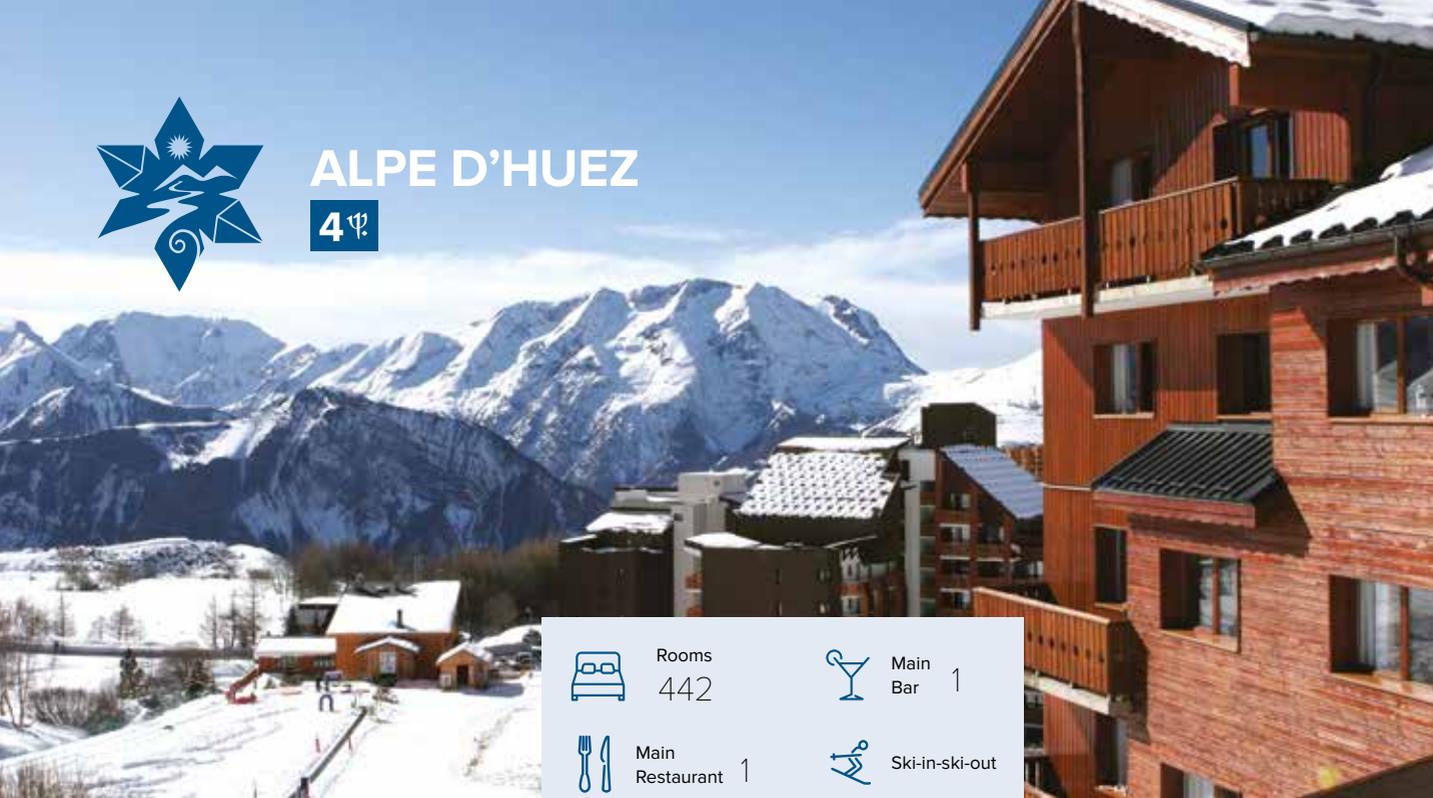
\* Extra cost

<sup>1</sup> Outside Club Med



# ALPE D'HUEZ

4 Ψ



	Rooms 442		Main Bar 1
	Main Restaurant 1		Ski-in-ski-out
	Gourmet Restaurant 1		Easy Arrival

The upscale Club Med Alpe d'Huez sits at the heart of France's most multi-faceted ski domain, Alpe d'Huez Grand Domaine, and offers a wide range of skiing experiences and snow mountain activities. Boasting 300 days of sunshine in a year, the fully revamped resort is home to cosy common and dining spaces for meaningful interactions, a wellness hub, as well as spacious accommodation with panoramic views of peaks.



111

Ski Slopes

	Beginners	34
	Intermediate	31
	Advanced	28
	Expert	18

### Ski Domain: Grand Domaine

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Snow Courses\* for children from 3 years and above
- Rental of ski and snowboarding equipment\* for all levels is available by day

 Resort Altitude  
1,860m

 Elevation  
3,330m - 1,800m

 Ski runs  
250km

 Ski lift  
67

## RESORT HIGHLIGHTS

### World's Longest Slope Day and Night

Test your endurance with Sarenne, the world's longest black run, chalking up 16km of pure white snow. Guided by our expert ski instructors, feel the adrenaline rush in the day or at night with the moonlight.

### Rich Mountain Spirit

Take in the awe of the majestic mountains at the dining outlets which are centrally located, south-facing for the best views and designed to harmoniously blend in nature with modern fittings.

### Only for Families

Reconnect and bring home memories with your loved ones at the dedicated family zone. Read a book, play unique board games, or enjoy quality family time at our drawing wall and playground.

### A Cosy Nook

Take a breather in our relaxation hub with a book on well-being, indulge in a luxurious spa treatment\* by PAYOT Paris, lounge by our heated pool or unwind with yoga and meditation.

## SPORTS & AFTER-SKI ACTIVITIES

- Snowshoeing
- Cross-country skiing
- Hiking
- Nordic walking
- Cardio and fitness room
- Cross Training
- Hammam
- Indoor pool and Aquadynamic lessons
- Yoga/Meditation
- Club Med spa by Payot\*
- Dog sledding
- Paragliding<sup>1</sup>
- Rail sledding<sup>1</sup>
- Ice rink<sup>1</sup>

- Mini Club® (4-10)
- Junior Club with Passworld® (11-17)
- Snow Garden facility for first timers (4-10)
- Ski room for kids
- Swimming classes\*
- Teen Spa\*
- Happy Room
- Club Med Baby Welcome

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The Huez and Oisans Museum offers a trip through Medieval silver mines and the humble mining community that thrived there.
- La grotte de Glace is a pop-up museum filled with snow sculptures, situated 2700m underground.

## TAILORED FOR CHILDREN

- Babysitting\* (4-23 months)
- Baby Club Med®\*
- Petit Club®\* (2-3)

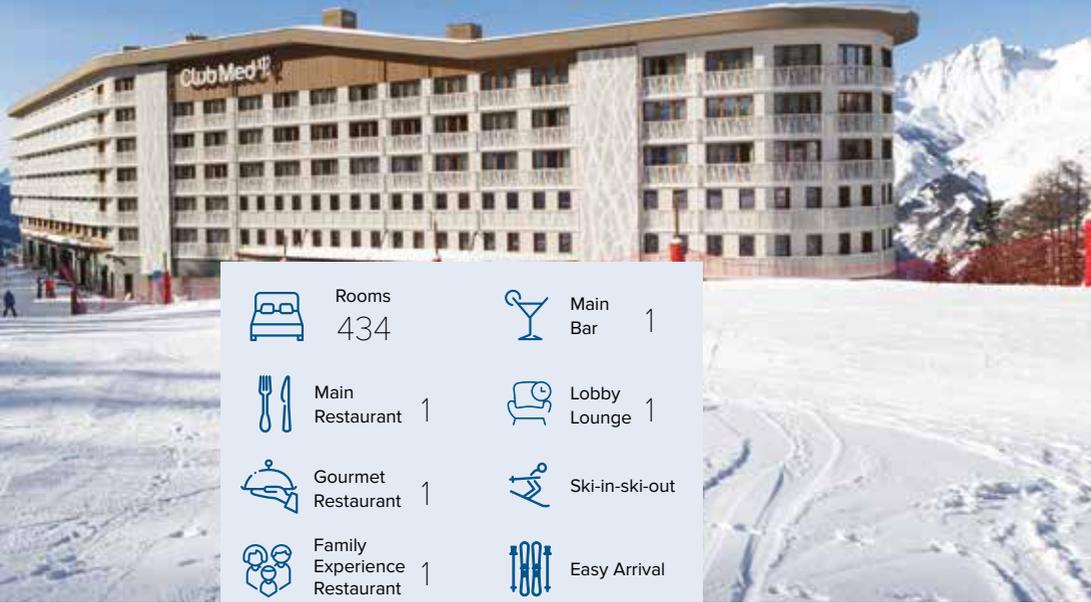
\* Extra cost

<sup>1</sup> Outside Club Med



# LES ARCS PANORAMA

4<sup>PH</sup>



	Rooms 434		Main Bar 1
	Main Restaurant 1		Lobby Lounge 1
	Gourmet Restaurant 1		Ski-in-ski-out
	Family Experience Restaurant 1		Easy Arrival

One of Club Med's latest additions, Les Arcs Panorama first opened its doors in December 2018. In the heart of the second largest combined ski areas in the world, this brand-new ski resort with an exclusive 5<sup>PH</sup> luxury space boasts summits of over 3,000m, and is fitted with top-notch facilities like Turkish baths and heated pools.



246  
Ski Slopes

	Beginners	12
	Intermediate	132
	Advanced	65
	Expert	37

### Ski Domain: Paradiski

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Introduction to Snow Courses\* for children at the age of 3
- Rental of ski and snowboarding equipment\* for all levels is available by day

 Resort Altitude  
1,750m

 Elevation  
3,250m - 1,250m

 Ski runs  
425km

 Ski lift  
139

## RESORT HIGHLIGHTS

### Glorious Snowscapes

Step out of the modern masterpiece, surrounded by forest, and ski directly onto the slopes of Paradiski, the second largest ski area in France.

### Holistic Rejuvenation

Unwind in totality at the wellness space dedicated to health and well-being. Facilities include indoor heated pools, Club Med Spa by CINQ MONDES\*, fitness and weight training area, Turkish bath, as well as a jacuzzi.

### Fun for The Whole Family

The perfect family resort featuring the full range of children's clubs and an interactive family experience restaurant.

### Views That Take Your Breath Away

Dine in the restaurants overlooking the stunning views over the valley.

## YOUR PRIVATE ENCLAVE

Looking for more privacy? Choose the comfort and luxury of the Le Belvédère 5<sup>PH</sup> exclusive space, nestled at the top of the resort and offering the best views over the valley.

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Whirlpool bath
- Cross-country skiing
- Turkish bath
- Snowboarding
- Club Med spa\*
- Snowshoeing
- Fitness and cardio facilities
- Heated indoor and outdoor pools
- Nightly shows and parties

## TAILORED FOR CHILDREN

- Babysitting\* (4 to 23 months)
- Introduction to Snow course (for 3 year olds)
- Baby Club Med®\* (0-2)
- Snow Garden facility for first timers
- Petit Club Med® (2-3)

- Mini Club Med® (4-10)
- Junior Club with Passworld® (11-17)
- Kids Ski Room
- Club Med Baby Welcome®
- Family Experience Restaurant
- Pyjama Club®\* (4-7)

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The Saturday market in the Grande Rue.
- La Pause picnic area, the Comborcière Belvedere, at the summit of the new chairlift.

\* Guests are welcome to lunch in the Club Med La Plagne 2100 and Club Med Vallandry resorts (lunch available with a ski lesson at the ski school).

\* Extra cost



# GRAND MASSIF SAMOËNS MORILLON

4



	Rooms	382		Main Bar	2
	Main Restaurant	1		Ski-in-ski-out	
	Gourmet Restaurant	1		Easy Arrival	
	Family Experience Restaurant	1			



## RESORT HIGHLIGHTS

### Bask in Luxury

Upgrade your snow mountain vacation and enjoy the luxury of the chalet-apartments in Grand Massif Samoëns Morillon.

### Endless Slopes for Days

Ski to your heart's content with the resort being just a snowball's throw away from the Grand Massif ski area – all the pleasures of snow sports on 256km of slopes.

### Best of Local Specialties

Unwind in style as you pick your favourite French wine in the wine cellar\* or delight in the special menu designed by Michelin-starred French chef, Edouard Loubet.

### Family Bonding at Its Best

Enjoy your meals at the dedicated family corner in the main restaurant or head down to the unique family restaurant for an interactive experience.

A guarantee of an exceptional environment for an authentic mountain experience in the heart of the Grand Massif ski area, this contemporary resort offers fabulous panoramic view of the mountains and is designed to blend in harmoniously with nature. Set between Chamonix and Geneva at a whopping altitude of 1,600m, Club Med Grand Massif offers unparalleled views including that of Mont Blanc, the highest mountain in The Alps.

## SPORTS & AFTER-SKI ACTIVITIES

- Indoor/outdoor pool
- Hot tub\*
- Gym
- Snowshoeing
- Pilates
- Nordic walking
- Sauna\*
- Hiking
- Hammam\*
- Club Med spa\*
- Nightly shows & parties

- Mini Club Med® (4-10)
- Junior Club with Passworld® (11-17)
- Pyjama Club\* (4-7)
- Snow Garden facility for first timers (4-10)
- Kids Ski Room
- Baby Corner
- Family experience restaurant

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Mountain hamlet, Vallons, known for its picturesque farms.
- Geneva's Jet d'Eau.

## TAILORED FOR CHILDREN

- Babysitting\* (4 to 23 months)
- Baby Club Med®\* (0-2)
- Club Med Baby Welcome®
- Petit Club Med®\* (2-3)

\* Extra cost



148

Ski Slopes

- Beginners 20
- Intermediate 64
- Advanced 50
- Expert 14

### Ski Domain: Grand Massif

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Introduction to Snow Courses\* for children at the age of 3
- Rental of ski and snowboarding equipment\* for all levels is available by day

Resort Altitude  
1,600m

Elevation  
2,500m - 700m

Ski runs  
265km

Ski lift  
35



**Chalets de  
Grand Massif**

**Club Med**  
EXCLUSIVE COLLECTION



## RESORT HIGHLIGHTS

### Unwind In Comfort & Luxury

Enjoy our Chalet-Apartments with breath-taking views over one of the most protected valleys in the Alps. Their contemporary design offers a unique comforting experience just a stone's throw from the adjacent 4<sup>th</sup> Resort.

### The Mountain At Its Best

Benefit from 256km of slopes just at the doors of the resort – the perfect spot to try out all kinds of snow sports.

### A Personal Touch

Be pampered with true luxury through unique and customised services including having your continental breakfast and other meals prepared and delivered by the Chalet host – don't miss our traditional mountain style dinner!

### A Privileged Moment

Indulge yourself in a moment of relaxation in our indoor heated swimming pool after an intense ski session.

### GREAT FOR FAMILIES & GROUP OF FRIENDS

Located at the bottom of the pistes at 1,600m altitude, the Chalet Apartments are adjacent to the Club Med Resort at Grand Massif Samoëns Morillon, offering you an exceptional location and an unbeatable view of the mountains at the centre of the Grand Massif ski area and ski in ski out convenience.



**148**

**Ski Slopes**

	Beginners	20
	Intermediate	64
	Advanced	50
	Expert	14

### Ski Domain: Grand Massif

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Introduction to Snow Courses\* for children at the age of 3
- Rental of ski and snowboarding equipment\* for all levels is available by day

## SPORTS & AFTER-SKI ACTIVITIES

- Indoor/outdoor pool
- Hot tub\*
- Gym
- Snowshoeing
- Pilates
- Nordic walking
- Sauna\*
- Hiking
- Hammam\*
- Club Med spa\*
- Nightly shows & parties

## TAILORED FOR CHILDREN

- Babysitting\* (4 to 23 months)
- Baby Club Med®\* (0-2)
- Club Med Baby Welcome®
- Petit Club Med®\* (2-3)

- Mini Club Med® (4-10)
- Junior Club with Passworld® (11-17)
- Pyjama Club\* (4-7)
- Snow Garden facility for first timers (4-10)
- Kids Ski Room
- Baby Corner
- Family experience restaurant

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Mountain hamlet, Vallons, known for its picturesque farms.
- Geneva's Jet d'Eau.

\* Extra cost

**Resort Altitude**  
1,600m

**Elevation**  
2,500m - 700m

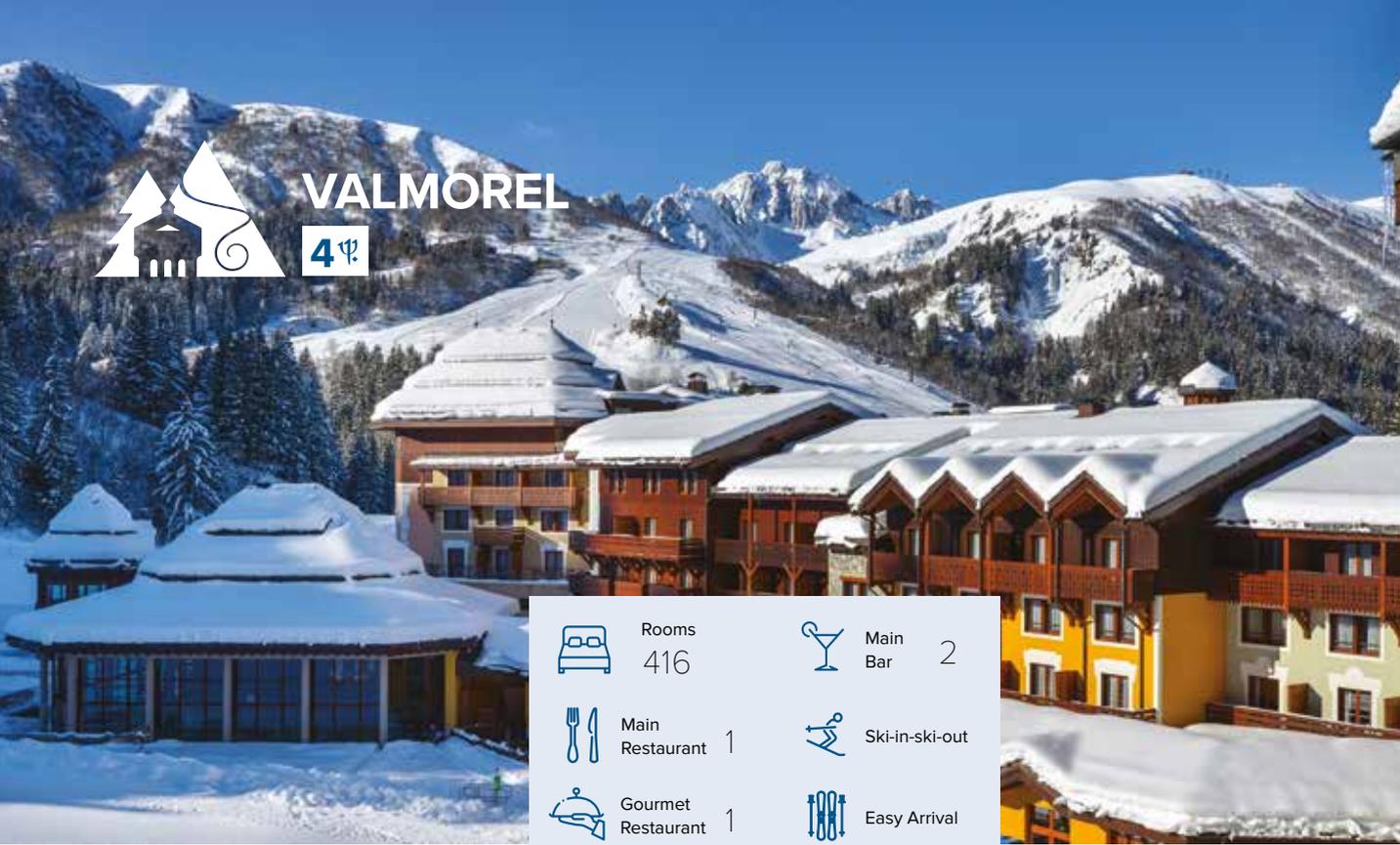
**Ski runs**  
265km

**Ski lift**  
35



# VALMOREL

4Ψ



	Rooms 416		Main Bar 2
	Main Restaurant 1		Ski-in-ski-out
	Gourmet Restaurant 1		Easy Arrival

Breakfast in bed, champagne in the evenings, and a private lounge with an unmitigated view of Mont Blanc – all at an altitude of 1,460m. Welcome to France's Massif du Cheval Noir. Set atop this glorious mountain, Club Med Valmorel offers a gorgeous array of ski slopes, your choice of après-ski activities and a chance to lounge in a 5Ψ luxury space fit for royalty.



85

### Ski Slopes

- Beginners 22
- Intermediate 38
- Advanced 17
- Expert 8

### Ski Domain: Grand Domaine

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Introduction to Snow Courses\* for children 3 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day.

 **Resort Altitude**  
1,460m

 **Elevation**  
2,550m-1,250m

 **Ski runs**  
150km

 **Ski lift**  
33

## RESORT HIGHLIGHTS

### Peak Views

Discover this charming ski resort surrounded by a rich pine forest and take in the majestic views of Mont Blanc.

### Kid-Friendly Slopes

With ski lessons starting from 3 years old\*, you can leave your little ones with our professional instructors as you enjoy the slopes to your heart's content.

### Zen Out

Time stands still in the 600m<sup>2</sup> zen paradise at the premium Club Med Spa by Carita\*. There is no better way to reward yourself after shredding the slopes.

### Great For Families

## A PRIVATE RETREAT

Curl up in the cosiness of your 50m<sup>2</sup> suite, in the luxury space – Le Lodge – before toasting to magical moments with a glass of champagne at the private 5Ψ bar.

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Club Med spa\*
- Snowboarding
- Indoor pool
- Snowshoeing
- Nightly shows and parties
- Nordic walking
- Cardio and fitness room

## TAILORED FOR CHILDREN

- Baby Club Med®\* (0-2)
- Introduction to Snow course\* (for 3 years old)
- Petit Club Med®\*(2-3)
- Mini Club Med® (4-10)
- Snow Garden facility for first timers (4-10)

- Club Med Passworld® (11-17)
- Babysitting\* (4-23 months)
- Swimming classes\*
- Cooking classes
- Teen spa\*

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Bourg-Morel, with its pedestrian streets and little squares, its stone and wood chalets, slate roofs and trompe l'oeil façades.
- Albertville, which hosted the Winter Olympics in 1992.

\* Extra cost



Ensuite Jacuzzi baths, dining rooms with log fires and your very own private terrace with views of mountains and valleys – say hello to your personal snow paradise. What we love about our chalets is that they come with a dedicated concierge space and your own host for that extra personal touch. Take your pick of our main resort’s facilities, from the mouth-watering food to the countless ski runs, then return to your own cosy nook after a day’s excitement.



85

Ski Slopes

	Beginners	22
	Intermediate	38
	Advanced	17
	Expert	8

**Ski Domain:** Grand Domaine

- Group ski classes at all levels from 4 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Introduction to Snow Courses\* for children 3 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day.

**Resort Altitude**  
1,460m

**Elevation**  
2,550m-1,250m

**Ski runs**  
150km

**Ski lift**  
33

**RESORT HIGHLIGHTS**

**A Personal Touch**

Be pampered in true luxury with customised service including having your meals prepared in-chalet and your skis delivered to your doorstep.

**Your Getaway Within A Getaway**

A Chalet-Apartment in the heart of the beautifully authentic ski resort of Valmorel, you can afford a cosy day in over the weekends with your loved ones.

**For Your Eyes Only**

Enjoy your exclusive terrace with a panoramic view of Mont Blanc and the valley.

**Comfort Redefined**

Sharing magical moments with your family and friends in a subtle blend of tradition and contemporary comfort.

**SPORTS & AFTER-SKI ACTIVITIES**

- Activities at Club Med Valmorel
- Hiking
- Snowshoeing
- Club Med spa\*
- Private ski room
- Private lounge
- Private concierge

**TAILORED FOR CHILDREN**

- Babysitting\* (4-23 months)
- Introduction to Snow course\* (for 3 years old)
- Petit Club Med® (2-3)
- Mini Club Med® (4-10)
- Snow Garden facility for first times (4-10)
- Junior Club with Passworld® (11-17)

- Teen spa\*
- Cooking classes

**POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND**

- Spa resort of La Lèchère.
- Albertville, which hosted the Winter Olympics in 1992.

\* Extra cost



# PEISEY VALLANDRY

4 Ψ

	Rooms	284		Main Bar	1
	Main Restaurant	1		Ski-in-ski-out	
	Speciality Restaurant	1		Easy Arrival	
	Speciality Bar	1			

Welcome to Club Med Peisey-Vallandry, a cosy hamlet of chalets, a true representation of French Savoy style. Along with Les Arcs and La Plagne, the ski domain forms a part of Paradiski, the world's second largest linked ski area. Enjoy the magnificent views of slopes and pine forests and unwind in the heart of indulgence and relaxation.



246

Ski Slopes

- Beginners 12
- Intermediate 132
- Advanced 65
- Expert 37

### Ski Domain: Paradiski

- Alpine skiing from 4 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays).
- Special teens' ski programme from 11 to 17 years old.
- Nordic Walking and Hiking programme from 12 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day

	<b>Resort Altitude</b>	1,600m		<b>Elevation</b>	3,250m – 1,250m		<b>Ski runs</b>	425km		<b>Ski lift</b>	139
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## RESORT HIGHLIGHTS

### Express Cable Cars

Ride the Vanoise Express, the world's fastest cable car, straight to the top of the mountain to enjoy breath-taking panoramic views.

### Mountainside Delicacies

Enjoy Savoyard mountain specialties like Pierrade (braai) or a glass of wine with friends or family after a day on the slopes.

### Warm in Winter

Relax by the fireplace or at the indoor heated pool while soaking up the mountain views.

### Altitude Sports

Choose from a variety of outdoor mountain sports, between skiing and snowshoe walks, Nordic walking and hiking and taking in the pure fragrance of fir trees at the foot of the ski slopes.

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Snowshoeing
- Snowboarding
- Nordic walking and hiking
- Fitness and cardio rooms
- Indoor and outdoor heated pools
- Fitness classes
- Club Med spa\*
- Aqua-fitness
- Nightly shows & parties

- Snow Garden facility for first timers (4-10)
- Baby Gym (2-3)
- Mini Club Med® (4-10)
- Baby Corner
- Junior Club with Passworld® (11-17)

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Sainte Trinité Church, the sanctuary of Notre-Dame-des-Vernettes, the former silver-lead mine between Nancroix and Les Lanches.

## TAILORED FOR CHILDREN

- Babysitting\* (4 to 23 months)
- Pyjama Club®\* (4-7)
- Club Med Baby Welcome®
- Teen spa\*
- Petit Club Med®\* (2-3)

\* Extra cost



# VAL D'ISERE

4 Ψ



## RESORT HIGHLIGHTS

### Legendary Slopes

Have the opportunity to experience thrilling skiing sessions in the wake of the great sportsmen, on the world's finest ski area – and the slopes are at the gate of the resort!

### Best of Relaxation

Admire the Solaise from the indoor heated pool, after a massage session at Club Med Spa by CINQ MONDES – nothing better after a day in the mountain air.

### Gourmet Cuisine

Savour Savoyard specialities in our spacious restaurant with a bright, contemporary touch, and wonderful views of the mountains; a perfect setting to linger over meals with family and friends.

## YOUR PRIVATE COCOON

Searching for more privacy? Choose the luxury and comfort of Le Refuge 5Ψ. Exclusive Collection space located in a private wing of the resort with personalised services. Enjoy a glass of champagne at the private 5Ψ bar, it's included.

Set in the foot of the L'Olympique gondola, Club Med Val d'Isere is perfect for All-Inclusive ski holidays with friends or romantic ski breaks for couples. This resort is a skier's paradise, making the most of the Espace Killy ski domain and legendary ski pistes. For an extra touch of refinement, opt for the 5Ψ luxury space with fabulous views over the Massif de Solaise.

 Rooms  
275

 Main Restaurant 1

 Speciality Restaurant 1

 Main Bar 1

 Ski-in-ski-out

 Easy Arrival

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Snowboarding
- Snowmobiling\*
- Skating rink\*
- Cardio and fitness room
- Club Med spa\*
- Indoor pool
- Hot tub\*
- Nightly shows and parties

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The "Face de Bellevarde" legendary ski slope taken by the athletes of the Albertville Winter Olympic Games.
- Val d'Isere village with small streets lined with luxury boutiques and stone chalets, as well as the baroque church of Saint-Bernard de Menthon.

\* Extra cost



154  
Ski Slopes

-  Beginners 20
-  Intermediate 67
-  Advanced 41
-  Expert 26

**Ski Domain:** Val Tignes area – Espace Killy

- Group ski classes at all levels from 12 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Rental of ski and snowboarding equipment\* for all levels is available by day

 Resort Altitude  
1,850m

 Elevation  
3,450m – 1,550m

 Ski runs  
300km

 Ski lift  
82



# VAL THORENS SENSATIONS

4 ⌘



## RESORT HIGHLIGHTS

### Indoor Climbing Wall

Scale to a different height at the 10-metre high indoor climbing wall.

### An Athlete's Dream

Enjoy majestic unblocked views from the largest ski domain in the world, Les 3 Vallées which is home to 257 ski runs for your utmost enjoyment.

### Club Med Spa By CARITA\*

Immerse yourself in a world of elegance and simplicity, the ultimate experience of top-class beauty for face and body. Customise the treatment to your needs or choose from a wealth of wellness treatments.

### Warming By The Fire

Enjoy a true vacation with your friends or family at the fireplace with a hot cocoa in hand.

There's a reason it's called "Sensations". Nestled in the heart of Vallee des Belleville, standing at an altitude of 2,300m and home to the largest ski domain in the world, Club Med Val Thorens Sensations lives up to its name. Take your pick from a whopping 257 ski slopes – the mountains are yours to conquer. Look forward to a delightful epicurean journey with the Michelin-starred chef or enjoy quick bites at our Takeaway Corner for others who want to hit the slopes immediately.

 Rooms 384	 Main Restaurant 1	 Ski-in-ski-out	
 Main Bar 1	 Lounge Bar 1	 Gourmet Lounge 1	 Easy Arrival



257  
Ski Slopes

- Beginners 68
- Intermediate 104
- Advanced 110
- Expert 35

### Ski Domain: Les 3 Vallées

- Group ski classes at all levels from 12 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays).
- Rental of ski and snowboarding equipment\* for all levels is available by day.

 Resort Altitude  
2,300m

 Elevation  
3,200m – 1,300m

 Ski runs  
600km

 Ski lift  
177

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Outdoor hot tub\*
- Snowboarding
- Live music
- Cardio training
- Nightly shows & parties
- Pilates
- Club Med spa\*
- Climbing wall

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Parc National de la Vanoise, with local animals such as the ibex and chamois
- Vallée de la Clarée, one of the most important nature reserves in the area, with exceptionally beautiful and well-preserved landscapes.

\* Extra cost



# ARCS EXTRÊME

3 Ψ



## RESORT HIGHLIGHTS

### Fitness With A View

Burn some calories while you enjoy the magnificent view over the slopes at the brand-new fitness room.

### Stay Warm And Toasty

Delight in the warmth of the mountain atmosphere in a modern, contemporary setting.

### Adults Only

Let go of your worries and ski and enjoy a relaxed vacation at the only Club Med resort for adults.

### Skiing For All Levels

The freedom to ski to your heart's content for skiers of every level and get the very most out of your holiday at the second largest ski domains in the world, Paradiski.

It's no kids allowed at Club Med's only snow resort catering for adults. Think night-long parties with resident and guest DJs, a quick game of pool and endless snowscapes to survey. Grab your friends or that special someone – this resort-wide party has an exclusive 18-and-up invite.

Rooms 290	Main Restaurant 1	Speciality Restaurant 1
Main Bar 1	Ski-in-ski-out	Easy Arrival

## SPORTS & AFTER-SKI ACTIVITIES

- Gym
- Sauna\*
- Table pool\*
- Fitness
- Alpine skiing
- Snowboarding
- Nightly shows
- Parties

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Heritage towns Bourg-St-Maurice and Les Arcs.
- The Dairy Cooperative of the Haute Tarentaise.

\* Extra cost



246

Ski Slopes

- Beginners 12
- Intermediate 132
- Advanced 65
- Expert 37

### Ski Domain: Paradiski

- Group ski and snowboard classes for all levels are available from 18 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day.

Resort Altitude  
2,000m

Elevation  
3,250m – 1,250m

Ski runs  
425km

Ski lift  
139



# LA PLAGNE 2100

4 Ψ



	Rooms	340		Main Bar	1
	Main Restaurant	1		Ski-in-ski-out	
	Speciality Restaurant	1		Easy Arrival	
	Speciality Bar	1			

Club Med La Plagne 2100 is perfect for relaxing All-Inclusive skiing holidays in the French Alps. At the foot of the pistes, this resort enjoys ski-in ski-out access to the exciting Paradiski® ski domain, delighting skiers and snowboarders alike. After the thrill of the slopes, settle into the whirling warmth of the hot tub or enjoy a relaxing take on après ski.



134

Ski Slopes

- Beginners 9
- Intermediate 72
- Advanced 34
- Expert 19

### Ski Domain: Grand Massif

- Group ski classes at all levels from 4 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays).
- Introduction to Snow Courses\* for children 3 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day.

**Resort Altitude**  
2,100m

**Elevation**  
3,250m – 1,250m

**Ski runs**  
425km

**Ski lift**  
90

## RESORT HIGHLIGHTS

### An Idyllic Setting

Contemplate Mont Blanc from the terrace of a friendly, modern Club Med Resort.

### Skiing For All Levels

Practice snow sports between alpine ski or snowboarding. We offer all-level lessons taught by dedicated G.O® that will adapt to your needs whether you want to have fun or to improve your skills on the slopes.

### Club Med Spa By PAYOT\*

Recharge your batteries with the après ski programme at Club Med Spa by PAYOT. Customise the treatment to your needs or choose from a wealth of wellness treatments.

### Savoyard Specialties

After an exhilarating day on the slopes, enjoy local cuisine in a relaxed and friendly atmosphere with amazing views of the pistes and valley.

### Great For Families & Couples

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Outdoor hot tub\*
- Snowboarding
- Live music
- Cardio training
- Nightly shows & parties
- Snow scooting\*
- Club Med spa\*
- Snowshoeing\*

## TAILORED FOR CHILDREN

- Babysitting\* (from 24 months)
- Introduction to Snow course\* (for 3-year olds)
- Petit Club Med® (2-3)
- Mini Club Med® (4-10)
- Snow Garden facility for first timers

- (4-10)
- Junior Club Med (11-17)
- Baby Gym (2-3)
- Kids playground

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Montalbert, Montchavin and Les Coches typical Savoy villages.
- The Plagne bobsleigh track built for the Winter Olympic Games in Albertville – take your positions aboard the aerodynamic bobsled\*.

\* Extra cost



# TIGNES VAL CLARET

4 Ψ



	Rooms 228		Main Bar 1
	Ski-in-ski-out		Easy Arrival
	Main Restaurant 1		

Set at the base of the Grande Motte funicular station at 2,100 metres, Club Med Tignes Val Claret is the ideal All-Inclusive ski resort for exploring the Espace Killy ski domain. With 300km of slopes, there's something for everyone – from gentle beginner runs to thrilling off-piste challenges. Enjoy parties on the slopes and laid-back evenings in our alpine-inspired lounge.



154  
Ski Slopes

- Beginners 20
- Intermediate 67
- Advanced 41
- Expert 20

### Ski Domain: Val Tignes area – Espace Killy

- Group ski classes at all levels from 4 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays).
- Introduction to Snow Courses\* for children 3 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day.

 Resort Altitude  
2,100m

 Elevation  
3,450m – 1,550m

 Ski runs  
300km

 Ski lift  
82

## RESORT HIGHLIGHTS

### Cosy Atmosphere

Flirt with the summits in a friendly, modern resort with Family suites perfectly designed to welcome you and your children for an unforgettable stay.

### Gourmet Experience

Dine in the Champagne contemporary and colourful restaurant with a friendly, relaxed atmosphere. You will find there international freshly cooked food but also some fabulous French cuisine.

### Take Time For Yourself

Savour the pleasures of the senses at Club Med Spa by PAYOT\* by choosing between different treatments and massages before enjoying a refreshment in a peaceful environment in our Zen tearoom.

### Best Of Ski

Downhill skiing or snowboarding with 300km of challenging runs to explore in the famous Espace Killy domain. Beginners also find their enjoyment there; admire your children's first turns as they start skiing at 4 years old.

### Great For Families & Group Of Friends

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Snowshoeing\*
- Snowboarding
- Snowmobiling\*
- Cardio training
- Indoor pool
- Weights room
- Club Med spa\*
- Under-ice diving\*
- Nightly shows & parties

- Junior Club Med (11-17)
- Snow Garden facility for first timers (4-10)
- Playground
- Teen spa\*

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- Grande Motte glacier with a stunning panoramic terrace with views over The Aiguille Percée - a unique geological formation well known in the region.

## TAILORED FOR CHILDREN

- Babysitting\*(from 24 months)
- Introduction to Snow course\* (for 4 years old)
- Mini Club Med® (4-10)

\* Extra cost



# ITALIAN ALPS PRAGELATO VIALATTEA

4



	Rooms	234		Main Bar	1
	Main Restaurant	1		Lounge Bar	1
	Speciality Restaurant	2		Ski-in-ski-out	
	High-Altitude Restaurant	1		Easy Arrival	

As the proud host of the ski jumping and cross-country skiing events at the Turin Olympics in 2006, Club Med Pragelato Vialattea is right by the famed ski domain that has a whopping 244 ski slopes. Hitch a ride in a cable car up to the countless ski runs and put your skills to the test.



244  
Ski Slopes

	Beginners	30
	Intermediate	54
	Advanced	118
	Expert	42

### Ski Domain: Vialattea

- Group ski classes at all levels from 12 years and above
- Snowboarding classes from 12 and above (from 8 years old during French school holidays)
- Rental of ski and snowboarding equipment\* for all levels is available by day

 Resort Altitude  
1,600m

 Elevation  
2,823m – 1,350m

 Ski runs  
400km

 Ski lift  
70

## RESORT HIGHLIGHTS

### Spoilt For Choice

Never ride the same slope twice in the second largest ski area in Europe and follow the path of the Olympic champions in downhill or cross country at Sestrières.

### Cosy Up With Après-Ski Drinks

Mulled wine, hot chocolate or a cup of hot tea? The hardest choice will be your après-ski treat at either of the two bars with different atmospheres. Bask in festivity at the main bar, The Laterna that is open all day, or have a quiet evening in the exclusive Gourmet Lounge Bar, The Dolce Vita.

### Authentic Italian Delights

Savour Italian gastronomy with pasta al tartufo (pasta with truffles) from La Trattoria restaurant and mountain specialties from the altitude restaurant, The Chalet Mollino.

### Playground For Children

Leave your children in the good hands of our certified instructors as they pick up the art of skiing and snowboarding at the thrilling ski slopes.

### Great For Families & Couples

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Ice skating\*
- Cross-country skiing
- Snowmobile\*
- Snowboarding
- Quad biking\*
- Snowshoeing
- Cardio and fitness room
- Nordic walking
- Club Med spa\*
- Dog sledding\*
- Indoor pool

- Junior Club Med with Passworld® (11-17)
- Babysitting\*
- Snow Garden facility for first timers (4-10)
- Baby Gym (2-3)
- Teen spa\*

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The Lake of Mont Cenis, between the French and Italian borders.
- The Sacra di San Michele, a religious complex on Mount Pirchiriano, one of the most famous Benedictine abbeys.

## TAILORED FOR CHILDREN

- Petit Club Med®\* (2-3)
- Mini Club Med® (4-10)

\* Extra cost



# CERVINIA

4 Ψ



	Rooms 199		Main Bar 1
	Main Restaurant 1		Easy Arrival
	High-Altitude Restaurant 1		

At 2,050 metres, at the base of the legendary Matterhorn, this All-Inclusive family ski resort sits in the incredible Cervinia-Valtournenche-Zermatt ski domain, straddling the Swiss and Italian Alps with some of the highest pistes in Europe. With cozy interiors and amazing views, Club Med Cervinia is perfect for idyllic family ski breaks.



130  
Ski Slopes

- Beginners 0
- Intermediate 73
- Advanced 30
- Expert 27

### Ski Domain: Cervinia-Zermatt-Valtournenche

- Group ski classes at all levels from 4 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays).
- Rental of ski and snowboarding equipment\* for all levels is available by day.

 Resort Altitude  
2,050m

 Elevation  
3,900m – 1,524m

 Ski runs  
360km

 Ski lift  
53

## RESORT HIGHLIGHTS

### Authentic & Gourmet Cuisine

Combine the pleasure of the eyes and the palate, in our restaurants that look out over the entire valley. The buffet serves delicious international cuisine and local specialities from the Italian Alps.

### A Ski Adventure For Children

See your children venture down their first blue run in the Aosta Valley. Ski lessons starts from 4 years old!

### Altitude Sports Ideal Spot

Breathe in the pure mountain air at 2,050 metres and take your pick of some of the highest slopes in Europe. Also try out a wide range of winter sports available in the Resort.

### Zen Out

Arouse your senses at Club Med Spa by DECLÉOR\* after a break at the Turkish bath – just relax after a day in the mountains...

### Great For Families & Group Of Friends

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Snowmobile\*
- Snowboarding
- Helicopter ride\*
- Cardio and fitness room
- Club Med spa by DECLÉOR\*
- Ice skating\*
- Nightly shows parties
- Indoor pool
- Snowshoeing

- Club Med Baby Welcome® (from birth to 23 months)
- Teen spa\* (11-17)
- Baby Gym (2-3)\*

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The Mont Cervin, one of the most emblematic peaks of the Alps
- Matterhorn Glacier Paradise where you can admire 38 vertiginous peaks of over 4,000 metres high.

## TAILORED FOR CHILDREN

- Petit Club Med®\* (2-3)
- Mini Club Med® (4-10)
- Junior Club Med (11-17)
- Babysitting\*

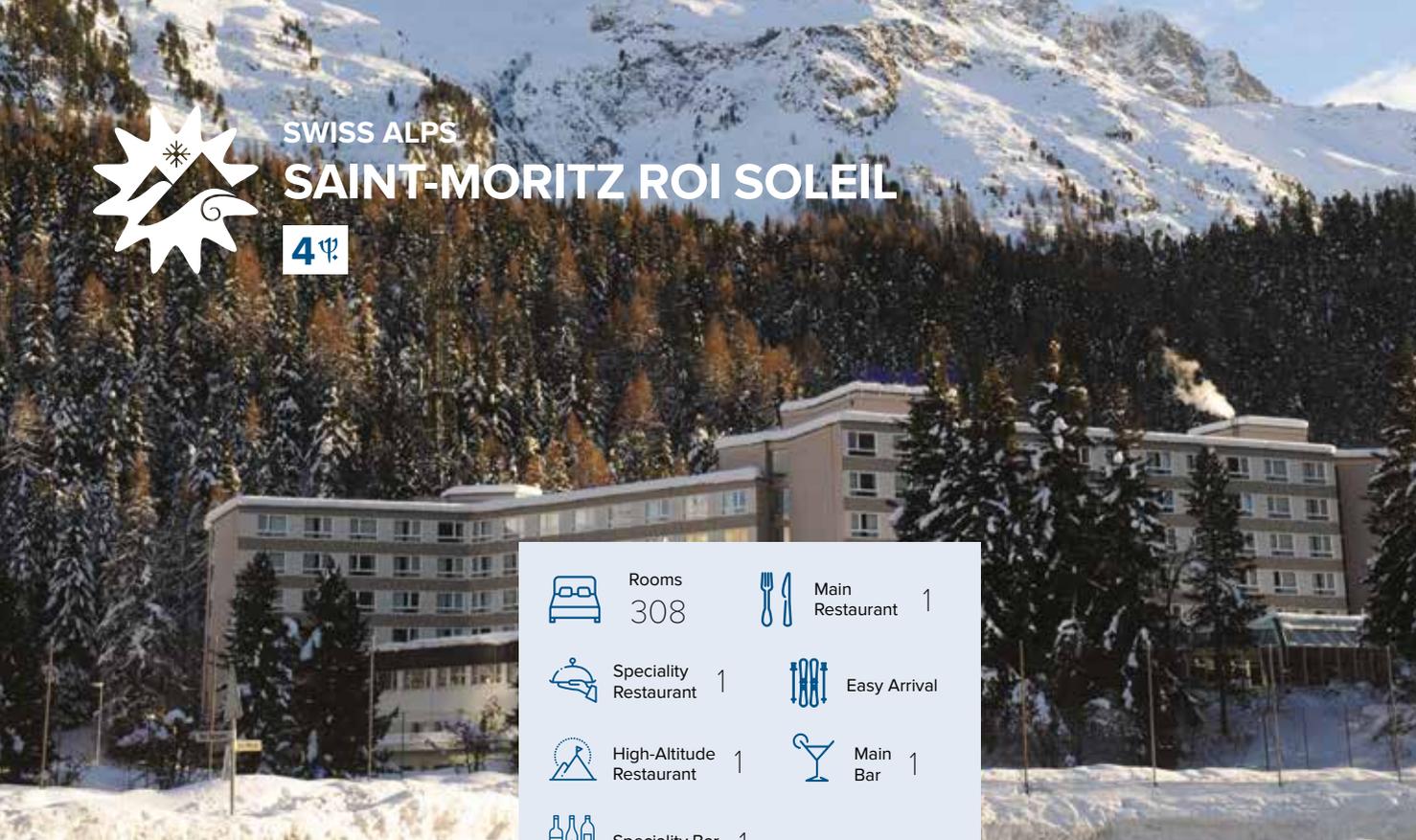
\* Extra cost



SWISS ALPS

# SAINT-MORITZ ROI SOLEIL

4



	Rooms 308		Main Restaurant 1
	Speciality Restaurant 1		Easy Arrival
	High-Altitude Restaurant 1		Main Bar 1
	Speciality Bar 1		

Playing host to the Ski World Championships five times, it's clear that the sunny slopes of Saint Moritz are a skier's dream. Seated at the foot of the Swiss Alps, this world-renowned 1,750m-high locale is steeped in centuries of ski history as it is right by the birthplace of Alpine skiing.



85

Ski Slopes

	Beginners	0
	Intermediate	31
	Advanced	22
	Expert	35

### Ski Domain: Haute Engadine

- Group ski classes at all levels from 4 years and above.
- Snowboarding classes from 12 and above (from 8 years old during French school holidays).
- Hiking classes available from 12 years and above.
- Rental of ski and snowboarding equipment\* for all levels is available by day.

 Resort Altitude  
1,750m

 Elevation  
3,300m – 1,750m

 Ski runs  
350km

 Ski lift  
22

## RESORT HIGHLIGHTS

### High-Altitude Dining

Perched at 2,550m, the Le Corviglia altitude restaurant offers unobstructed impressive views of the valley and frozen lakes. A perfect refuge, the restaurant offers an inviting atmosphere for skiers to take a break and recharge their batteries. Open for non-skiers too.

### Local Delicacies

Sample the famed Alpine Savoyard cuisine at The Stubli specialty restaurant. Delight in delicious traditional winter comfort food such as warm fondue in a friendly and warm environment at this mountain restaurant.

### Soak In Luxury

Take a dip in our heated 10-metre indoor pool and let the day's stresses melt away while you enjoy the mountain views from the comfort of your lounge bed.

### Joy Ride

Cruise down those slopes the easy way or challenge yourself with authentic cross-country skiing in over 170kms of runs.

## SPORTS & AFTER-SKI ACTIVITIES

- Alpine skiing
- Turkish bath & Sauna
- Cross-country skiing
- Walks, snowshoeing and Nordic walking
- Hiking programme
- Snowboarding
- Heated indoor pool
- Cardio and fitness room
- Yoga

## TAILORED FOR CHILDREN

- Mini Club Med® (4-10)
- Junior Club Med (11-17)
- Snow Garden facility for first timers (4-10)

## POINTS OF INTEREST/ EXCURSIONS WE RECOMMEND

- The Segantini Museum, home to the mesmerising artworks of Giovanni Segantini
- Coire, the oldest town in Switzerland, still standing strong with its cathedral and Roman remains

\* Extra cost

Club Med 

#ThePlaceToSki

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